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## **Healthcare Core**

## General Assessment Information

### Blueprint Contents

General Assessment Information  
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**Test Type:** The Healthcare Core industry-based credential is included in NOCTI's Foundational assessment battery. Foundational assessments measure occupational awareness and fundamental competencies within a specific field, providing insight into a learner's progress toward job readiness. Foundational assessments include a written component only and can be used at the secondary and post-secondary levels. Foundational assessments can be delivered in an online or paper/pencil format.

**Development Team:** The assessment content is based on input from secondary, post-secondary, and business/industry representatives from the state of Minnesota.



51.9999 - Health Professions  
and Related Clinical  
Sciences, Other

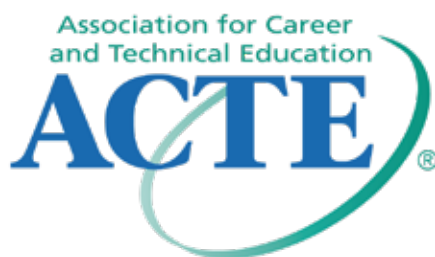


Career Cluster 8-  
Health Services



**NATIONAL COLLEGE CREDIT RECOMMENDATION SERVICE**  
University of the State of New York - Regents Research Fund

In the lower division  
baccalaureate/associate degree category,  
3 semester hours in Health Care  
Core/Introduction to Healthcare



The Association for Career and Technical Education (ACTE), the leading professional organization for career and technical educators, commends all students who participate in career and technical education programs and choose to validate their educational attainment through rigorous technical assessments. In taking this assessment you demonstrate to your school, your parents and guardians, your future employers and yourself that you understand the concepts and knowledge needed to succeed in the workplace. Good Luck!

## Written Assessment

NOCTI written assessments consist of questions to measure an individual's factual theoretical knowledge.

**Administration Time:** 2 hours

**Number of Questions:** 108

**Number of Sessions:** This assessment may be administered in one, two, or three sessions.

### Areas Covered



## Specific Standards and Competencies Included in this Assessment

### Awareness and Sensitivity to Client Needs

- Describe how healthcare workers can be aware and sensitive to clients and their families (across the lifespan) emotional, spiritual, mental health and social needs, behaviors, and attitudes
- Explain how different diseases can influence the functioning, behaviors, and attitudes of individuals including dementia/Alzheimer's disease
- Describe selected client service strategies (e.g., service, quality client care, client participation)
- Define the stages and processes of death and dying and the influence those stages have on clients and their families

### Behaviors for Success in Healthcare Settings

- Discuss healthcare fields and the types of workers needed
- Describe employer behavioral expectations of healthcare personnel
- Identify the impact of quality in healthcare facilities as well as the responsibilities of users of the healthcare system (e.g., healthcare workers maintenance of personal wellness)
- Describe selected types of healthcare facilities and healthcare delivery systems (e.g., organizational and financial structure, departments and services, type and levels of healthcare personnel, policies and requirements)



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## Specific Standards and Competencies (continued)

### Communication in Healthcare Settings

- Describe the components of verbal and nonverbal communication and situations in which these skills can be effectively used
- Explain how active listening skills can improve client/individual and team communication
- Use a variety of communication techniques to achieve effective interpersonal and team communication
- Describe communication skills that are important when managing conflict
- Explain the components of accurate and appropriate documentation and reporting (e.g., common medical abbreviations)
- Explain the roles and responsibilities of team members
- Describe the use of information technology in healthcare settings
- Using a problem-solving process applied to healthcare situations, describe how healthcare workers can effectively communicate with their clients/individuals and team members

### Healthcare Ethics

- Describe dimensions of values as they impact healthcare
- Describe basic principles of professional relationships
- Describe how ethical decision making influences the care of clients
- Explain how an individual's diversity, socioeconomic, or religious beliefs could lead to potential ethical differences with that of other healthcare employees

### Legal Issues in Healthcare

- Explain the laws (e.g., liability, influence on client care)
- Explore legal issues such as sexual harassment, wrongful discharge, negligence, malpractice and violence in the workplace (e.g., abuse, neglect, exploitation, and the Vulnerable Adults law)
- Identify the legal issues related to informed consent, advanced directives, ensuring the clients' rights and responsibilities, and accurate documentation
- Describe the importance of confidentiality (HIPAA) and consequences of inappropriate use of healthcare data (social media and email) in terms of disciplinary actions

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## Specific Standards and Competencies (continued)

### Healthcare Safety and Standard Precautions

- List healthcare safety standards and regulatory agencies and the requirements they set for safety standards for healthcare facilities, their employees, and clients/individuals
- Explain the current requirements of standard precautions and the procedures used at a variety of healthcare facilities to support those standards (e.g., infection control, proper hand washing, and gloving procedures)
- Identify ways in which healthcare workers can demonstrate personal and client safety (e.g., Safety Data Sheets (SDS), safety signs, symbols, labels, and physical, chemical, and biological safety)
- Explain the procedures used to respond to client/individual and healthcare facility emergencies (e.g., fire safety and natural disasters)

### Respecting Client and Staff Diversity

- Describe one's personal belief system as well as the belief systems and practices of diverse cultures
- Explore personal responsibility as a healthcare employee to treat each person as an individual
- Discuss the appropriate workplace expectations to interact with team members and care for clients/individuals from diverse cultures, gender, age groups
- Using a problem-solving process, applied to healthcare situations, describe how healthcare employees can respect client and staff diversity



## Sample Questions

**A 78-year-old person is best classified as a/an \_\_\_\_\_ patient.**

- A. dependent
- B. hospice
- C. geriatric
- D. ambulatory

**To provide direct patient care, a healthcare employee needs a**

- A. bachelor's degree in healthcare
- B. valid state driver's license
- C. complete physical examination
- D. clear criminal background check

**An example of body language that conveys interest in what a speaker is saying is**

- A. gazing over the speaker's shoulder
- B. crossing your arms
- C. stifling and yawn
- D. leaning forward slightly

**Which of the following should be the basis of ethical decision-making in healthcare?**

- A. personal morals
- B. previous ways the situation has been handled
- C. emotions and intuition
- D. professional guiding principles

**The definition of a vulnerable adult is a person over the age of 18 who**

- A. is an unemployed adult living with parents
- B. does not have a stable place to live and requires food assistance
- C. is dependent on services due to a physical, emotional, or mental disability
- D. attends a college and lives in a dorm

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## Sample Questions (continued)

**The most important factor in preventing the spread of infection is to**

- A. place the patient in isolation
- B. wash hands between each patient contact
- C. clean the unit each day
- D. wear sterile gloves to care for all patients

**Which of the following terms includes lifestyles and religion?**

- A. ethnicity
- B. diversity
- C. customs
- D. culture

**A patient has dementia. Which intervention is inappropriate?**

- A. assisting the patient in dressing
- B. rearranging the patient's furniture
- C. talking about the weather
- D. encouraging the patient to talk

**It is important for patients to actively participate in their own healthcare. Patient's should**

- A. ask others to make treatment decisions for them
- B. educate themselves on healthcare options
- C. have others choose their healthcare provider
- D. avoid questioning their healthcare provider

**When a doctor orders a medication STAT, the patient should be given the medication**

- A. immediately
- B. intermittently
- C. as needed
- D. as desired



## Notes